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The Everyday Mysticism of C. S. Lewis *Spirituality for Daily Life*

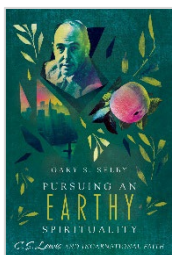
August 18, 2026 | \$24.99, 208 pages, paperback | 978-1-5140-1452-3

In *The Everyday Mysticism of C. S. Lewis*, professor of spiritual formation Gary Selby shows us what the mystics can teach us about everyday spirituality through the eyes of one of the most beloved Christian authors of the last century.

New from the Author of *Pursuing an Earthy Spirituality*

Gary Selby (PhD, University of Maryland) is professor of ministerial formation at Emmanuel Christian Seminary, where he teaches courses in spiritual formation and ministry. Selby is the author of *Martin Luther King and the Rhetoric of Freedom, Not With Wisdom of Words: Nonrational Persuasion in the New Testament*, and *Pursuing an Earthy Spirituality: C. S. Lewis and Incarnational Faith*. He previously served as the Carl P. Miller Chair of Communication at Pepperdine University and director of Pepperdine's Center for Faith and Learning. He and his wife Tammy have two sons and five grandchildren, and live in Johnson City, Tennessee.

Also by Gary Selby:



Pursuing an Earthy Spirituality: C. S. Lewis and Incarnational Faith

May 21, 2019 | \$25.99, 232 pages, paperback | 978-0-8308-5236-9

Engaging the writings of C. S. Lewis, Gary Selby contends that spiritual formation comes about not by retreating from the physical world but through deeper engagement with it. By considering themes such as our human embodiment, our sense of awareness in our everyday experiences, and the role of our human agency, Selby demonstrates that an earthy spirituality can be a robust spirituality.

Praise for *Pursuing an Earthy Spirituality*:

"Here is a timely book that takes seriously C. S. Lewis's own emphasis on God as a 'Glad Creator,' on sheer goodness and joy as the core and center of that creation, which, even in its fallen state, still brings us remnants of 'the enormous bliss of Eden.' In a full and thorough survey of Lewis's work Selby draws out the consistent strand of particularity, earthiness, and praise for God's good creation, rooted and redeemed in the incarnation of Christ that is at the heart of Lewis's gospel, and of his wide appeal. But more importantly Selby shows how much our contemporary modes of spirituality, so often intellectualized and rootless, need to be grounded again and earthed in the story of the God who came down. This is a much-needed book that will send people back to Lewis with new appreciation but also encourage them to take a long hard look at some of our contemporary spirituality, and seek for a little more substance, a little more joy."

—**Malcolm Guite**, chaplain, Girton College, Cambridge, author of *Mariner: A Theological Voyage with Samuel Taylor Coleridge*



Karin DeHaven, senior publicist
kdehaven@ivpress.com or ivpress.com/media

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ivpress.com/media